

REGIONE  
ABRUZZO



**INSIEME  
SALUTE**

Piano Regionale di Prevenzione Abruzzo

# *The prevention of household accidents in children*





## *It is mandatory to prevent:* **CUTS AND WOUNDS**

### **SO PAY ATTENTION AND**

- NEVER LEAVE SHARP AND POINTED OBJECTS within children's reach
- TEACH USE OF ROUNDTIPS SCISSOR
- USE UNBREAKABLE GLASSES AND DISHES
- KEEP OFF DIY TOOLS FROM CHILDREN



### **IN CASE OF CUTS AND WOUNDS:**

remove debris from the wound and clean it with water and soap. Disinfect and apply bandages. Inform the paediatrician about the vaccinations and ask for antibiotic therapy assessment.

In case of bleeding, apply prolonged pressure on wound.

If bleeding persists, go as soon as possible to the emergency room and try to apply a tourniquet above the bleeding site if placed in upper or lower limbs.



## *It is mandatory to prevent:* **ANIMAL BITES**

### **SO PAY ATTENTION AND**

- NEVER LEAVE CHILDREN ALONE WITH ANIMALS
- TEACH RESPECT ON ANIMALS
- DO NOT DISTURB EATING MEAL ANIMALS
- DO NOT DISTURB ANIMALS WHILE THEY ARE TAKING CARE OF PUPPIES



### **IN CASE OF ANIMAL BITE:**

wash the wound immediately with water and soap for several minutes and disinfect it.

In case of heavy bleeding or extensive wounds, go as soon as possible to the Emergency Room.

Anyway, call your paediatrician and ask for antibiotic therapy.

Check the tetanus vaccinations performed and inform your paediatrician.

Contact the Hygiene, Epidemiology and Public Health Service for any procedures following an animal bite.



## *It is mandatory to prevent:* **HEAD TRAUMA**

### **SO PAY ATTENTION TO**

- WINDOWS WITH NO RAILINGS
- SHARP EDGES, SMOOTH OR IRREGULAR SURFACES



### **IN CASE OF**

head injuries, ear or nose bleeding, symptoms such as vomiting, headache, changes in consciousness, or other neurological disturbances, call your General Practitioner.



## *It is mandatory to prevent:* **DROWNING**

### **SO PAY ATTENTION AND**

- NEVER LEAVE CHILDREN ALONE (in the bathroom/pool/sea).
- APPLY NON-SLIP STICKERS on bottom of tub
- CHECK THE WATER TEMPERATURE
- FENCE OFF PRIVATE POOLS
- ALWAYS USE FLOTATION DEVICES
- NEVER EAT HEAVY MEAL before going in water



### **IN CASE OF DROWNING:**

remove the child from water.

Clear the airways and cover the body to prevent cooling.

If child is conscious, position him/her semi-seated and encourage to cough. If unconscious, call for help and begin resuscitation.

## MOVEMENT AND PHYSICAL ACTIVITY ARE ESSENTIAL FOR HEALTHY GROWTH

- Keep detergents, drugs, and any toxic components out of the reach of children and teenagers.
- Check the safety and compliance of toys and devices for children/teenagers.
- Enable parental control on electronic devices to prevent minors encountering harassment online.
- Teach children first aid measures in case of accident.
- Never leave children unsafe in kitchen.
- Install gates at top and bottom of stairs in the house.
- Never leave your child unattended because every corner of your house can be dangerous if children escape your control.
- Call the European Emergency Number (NUE) and/or your pediatrician immediately if your child put in mouth some poison.
- Save the phone number 112 (NUE) in your phone's contacts.



**EUROPEAN  
EMERGENCY NUMBER  
(NUE)**



**112**

